



KEYS 2 DRIVE

HELPFUL HINTS SUPERVISORS

The best preparation for safe P plate driving is *meaningful experience* on L's: this requires lots and lots of effective driving practise.

Your challenge

The significant change from being closely supervised on L's and told what to do, to being unsupervised on P's, often means your son/daughter is not prepared for the realities of P plate driving. Your challenge is to avoid saying, 'Do as I say' and help your learner 'Find Their Own Way'. Gradually they should become responsible for their own learning.

Help provide long experience

(duration and repetition)

Help your learner repeat the correct driving actions over and over again until these become habits and their driving skills become second nature.

You can both feel in control

Regardless of your learner's skill, ultimately you should still be in control. As a supervisor, you should adopt the viewpoint of a driver. Look well ahead and use your experience to warn the learner of dangers you know they are not aware of.

Help provide wide experience

(variety)

If you drive for one hour along a stretch of road and do it 100 times you've just had 100 hours of much the same experience. Drive 100 different roads each for one hour and you've had much 'wider' and more beneficial experience.

Manage confusion & surprises

Provided it's safe, invite your learner to work out how to do new tasks and manage new traffic situations on their own. They'll need to do this on P plates so why not let them try now while you are still with them?

Help provide deep experience

(asking questions)

You get the most power out of questions when you help a person question their own actions considerations and awareness eg:

What were you aware of? What did you consider?

Question how you're going

When you notice something isn't quite right, just ask questions like:

How do you think you went?

What did you do or not do to cause that result?

What would help you do it better next time?

Manage the P plate risk

As your learner driver progresses, gradually make driving more like the situations they will experience when they drive on their own or with their friends.

it's in your hands

